# ASSEMBLY, No. 2451 **STATE OF NEW JERSEY** 217th LEGISLATURE

INTRODUCED FEBRUARY 4, 2016

Sponsored by: Assemblyman JOHN J. BURZICHELLI District 3 (Cumberland, Gloucester and Salem) Assemblyman TIM EUSTACE District 38 (Bergen and Passaic) Assemblyman JOE DANIELSEN District 17 (Middlesex and Somerset)

**Co-Sponsored by:** 

Assemblyman McKeon, Assemblywomen Mosquera, Spencer, Assemblyman Diegnan, Assemblywomen Jimenez, Chaparro, Assemblyman Johnson, Assemblywoman Jasey and Assemblyman Holley

### SYNOPSIS

"Aid in Dying for the Terminally Ill Act"; permits qualified terminally ill patient to self-administer medication to end life in humane and dignified manner.



(Sponsorship Updated As Of: 10/7/2016)

2

1 AN ACT concerning aid in dying for the terminally ill, supplementing 2 Titles 45 and 26 of the Revised Statutes, and amending P.L.1991, 3 c.270 and N.J.S.2C:11-6. 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State 6 of New Jersey: 7 8 1. (New section) Sections 1 through 21 of P.L., c. (C. ) 9 (pending before the Legislature as this bill) shall be known and may 10 be cited as the "Aid in Dying for the Terminally Ill Act." 11 12 (New section) The Legislature finds and declares that: 2. 13 Recognizing New Jersey's long-standing commitment to a. 14 individual dignity, informed consent, and the fundamental right of 15 competent adults to make health care decisions about whether to 16 have life-prolonging medical or surgical means or procedures 17 provided, withheld, or withdrawn, this State affirms the right of a qualified terminally ill patient, protected by appropriate safeguards, 18 19 to obtain medication that the patient may choose to self-administer 20 in order to bring about the patient's humane and dignified death; 21 b. Statistics from other states that have enacted laws to provide 22 compassionate aid in dying for terminally ill patients indicate that 23 the great majority of patients who requested medication under the 24 laws of those states, including more than 90% of patients in Oregon 25 since 1998 and between 72% and 86% of patients in Washington in 26 each year since 2009, were enrolled in hospice care at the time of 27 death, suggesting that those patients had availed themselves of available treatment and comfort care options available to them at 28 29 the time they requested compassionate aid in dying; 30 The public welfare requires a defined and safeguarded 31 process in order to effectuate the purposes of this act, which will: 32 (1) guide health care providers and patient advocates who 33 provide support to dying patients; 34 (2) assist capable, terminally ill patients who request 35 compassionate aid in dying; 36 (3) protect vulnerable adults from abuse; and 37 (4) ensure that the process is entirely voluntary on the part of all 38 participants, including patients and those health care providers that 39 are providing care to dying patients; and 40 d. This act is in the public interest and is necessary for the welfare of the State and its residents. 41 42 ) (pending 43 (New section) As used in P.L. , c. 3. (C. 44 before the Legislature as this bill):

EXPLANATION – Matter enclosed in **bold-faced brackets** [thus] in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined thus is new matter.

1 "Adult" means an individual who is 18 years of age or older. 2 "Attending physician" means a physician licensed pursuant to 3 Title 45 of the Revised Statutes who has primary responsibility for the treatment and care of a qualified terminally ill patient and 4 5 treatment of the patient's illness, disease, or condition. "Capable" means having the capacity to make health care 6 7 decisions and to communicate them to a health care provider, including communication through persons familiar with the 8 9 patient's manner of communicating if those persons are available. 10 "Consulting physician" means a physician licensed pursuant to 11 Title 45 of the Revised Statutes who is qualified by specialty or 12 experience to make a professional diagnosis and prognosis 13 regarding a patient's illness, disease, or condition. "Counseling" means one or more consultations as necessary 14 15 between a psychiatrist or psychologist licensed pursuant to Title 45 16 of the Revised Statutes and a patient for the purpose of determining 17 that the patient is capable and not suffering from a psychiatric or 18 psychological disorder or depression causing impaired judgment. 19 "Health care facility" means a health care facility licensed 20 pursuant to P.L.1971, c.136 (C.26:2H-1 et seq.). 21 "Health care professional" means a person licensed to practice a 22 health care profession pursuant to Title 45 of the Revised Statutes. 23 "Health care provider" means a health care professional or health 24 care facility. 25 "Informed decision" means a decision by a qualified terminally 26 ill patient to request and obtain a prescription for medication that 27 the patient may choose to self-administer to end the patient's life in a humane and dignified manner, which is based on an appreciation 28 29 of the relevant facts and after being fully informed by the attending 30 physician of: 31 (1) the patient's medical diagnosis; 32 (2) the patient's prognosis; (3) the potential risks associated with taking the medication to 33 34 be prescribed; 35 (4) the probable result of taking the medication to be prescribed; 36 and 37 (5) the feasible alternatives to taking the medication, including, but not limited to, additional treatment opportunities, palliative 38 39 care, comfort care, hospice care, and pain control. 40 "Medically confirmed" means that the medical opinion of the 41 attending physician has been confirmed pursuant to section 7 of 42 , c. ) (pending before the Legislature as this bill) P.L. (C. 43 by a consulting physician who has examined the patient and the 44 patient's relevant medical records. 45 "Participate in this act" means to perform the duties of a health 46 care provider in accordance with the provisions of P.L. ) (pending before the Legislature as this bill), but does 47 (C. 48 not include: making an initial determination that a patient is

1 terminally ill and informing the patient of the medical prognosis; 2 providing information about the provisions of P.L., c. (C. ) 3 (pending before the Legislature as this bill) to a patient upon the 4 patient's request; or providing a patient, upon the patient's request, 5 with a referral to another health care provider. 6 "Patient" means a person who is under the care of a physician. 7 "Qualified terminally ill patient" means a capable adult who is a 8 resident of New Jersey and has satisfied the requirements to obtain 9 a prescription for medication pursuant to P.L. , c. (C. ) 10 (pending before the Legislature as this bill). A person shall not be 11 considered to be a qualified terminally ill patient solely because of 12 the person's age or disability or a diagnosis of any specific illness, 13 disease, or condition. 14 "Self-administer" means a qualified terminally ill patient's act of 15 ingesting medication that has been prescribed pursuant to P.L. 16 ) (pending before the Legislature as this bill). (C. c. "Terminally ill" means that the patient is in the terminal stage of 17 18 an irreversibly fatal illness, disease, or condition with a prognosis, 19 based upon reasonable medical certainty, of a life expectancy of six 20 months or less. 21 22 4. (New section) A terminally ill patient may make a written 23 request for medication that the patient may choose to self-24 administer pursuant to P.L. , c. (C. ) (pending before the 25 Legislature as this bill), if the patient: 26 a. is an adult resident of New Jersey as demonstrated pursuant 27 to section 11 of P.L. , c. (C. ) (pending before the 28 Legislature as this bill); 29 b. is capable and has been determined by the patient's 30 attending physician and a consulting physician to be terminally ill; 31 and 32 has voluntarily expressed a wish to receive a prescription for C. 33 medication pursuant to P.L. , c. (C. ) (pending before the 34 Legislature as this bill). 35 5. (New section) a. A valid written request for medication 36 37 under P.L., c. (C. ) (pending before the Legislature as this bill) shall be in substantially the form set forth in section 20 of 38 39 P.L., c. (C. ) (pending before the Legislature as this bill), 40 signed and dated by the patient and witnessed by at least two 41 individuals who, in the patient's presence, attest that, to the best of 42 their knowledge and belief, the patient is capable and is acting 43 voluntarily to sign the request. 44 b. At least one of the witnesses shall be a person who is not: 45 (1) a relative of the patient by blood, marriage, or adoption; 46 (2) at the time the request is signed, entitled to any portion of 47 the patient's estate upon the patient's death under any will or by

48 operation of law; and

1 (3) an owner, operator, or employee of a health care facility 2 where the patient is receiving medical treatment or is a resident. 3 The patient's attending physician at the time the request is с 4 signed shall not serve as a witness. 5 d. If, at the time the written request is made, the patient is a 6 resident of a long-term care facility licensed pursuant to P.L.1971, 7 c.136 (C.26:2H-1 et seq.), one of the witnesses shall be an 8 individual designated by the facility. 9 10 6. (New section) a. The attending physician shall ensure that 11 all appropriate steps are carried out in accordance with the 12 provisions of P.L., c. (C. ) (pending before the Legislature 13 as this bill) before writing a prescription for medication that a 14 qualified terminally ill patient may choose to self-administer 15 pursuant to P.L., c. (C. ) (pending before the Legislature as 16 this bill), including such actions as are necessary to: 17 (1) make the initial determination of whether a patient is 18 terminally ill, is capable, and has voluntarily made the request for 19 medication pursuant to P.L. ) (pending before the , c. (C. 20 Legislature as this bill); (2) require that the patient demonstrate New Jersey residency 21 22 pursuant to section 11 of P.L., c. (C. ) (pending before the 23 Legislature as this bill); 24 (3) inform the patient of: the patient's medical diagnosis and 25 prognosis; the potential risks associated with taking the medication 26 to be prescribed; the probable result of taking the medication to be 27 prescribed; and the feasible alternatives to taking the medication, including, but not limited to, additional treatment opportunities, 28 29 palliative care, comfort care, hospice care, and pain control; 30 (4) refer the patient to a consulting physician for medical 31 confirmation of the diagnosis and prognosis, and for a 32 determination that the patient is capable and acting voluntarily; 33 (5) refer the patient for counseling, if appropriate, pursuant to 34 section 8 of P.L., c. (C. ) (pending before the Legislature 35 as this bill); 36 (6) recommend that the patient participate in a consultation 37 concerning additional treatment opportunities, palliative care, 38 comfort care, hospice care, and pain control options for the patient, 39 and provide the patient with a referral to a health care professional 40 qualified to discuss these options with the patient; 41 (7) recommend that the patient notify the patient's next of kin of 42 the patient's decision to request the medication; 43 (8) advise the patient about the importance of having another 44 person present if and when the patient chooses to self-administer 45 medication prescribed under P.L., c. (C. ) (pending before 46 the Legislature as this bill) and of not taking the medication in a 47 public place;

1 (9) inform the patient of the patient's opportunity to rescind the 2 request at any time and in any manner, and offer the patient an 3 opportunity to rescind the request at the time the patient makes a 4 second oral request as provided in section 10 of P.L. 5 c. (C. ) (pending before the Legislature as this bill); verify, immediately before writing the prescription for 6 (10)7 , c. (C. medication under P.L. ) (pending before the 8 Legislature as this bill), that the patient is making an informed 9 decision to request the medication; and 10 (11) fulfill the medical record documentation requirements of 11 P.L., c. (C. ) (pending before the Legislature as this bill). 12 b. The attending physician shall: (1) dispense medication directly, including ancillary medication 13 14 intended to facilitate the desired effect to minimize the patient's 15 discomfort, if the attending physician is authorized under law to 16 and has a current federal Drug Enforcement dispense 17 Administration certificate of registration; or 18 (2) with the patient's written consent: 19 (a) contact a pharmacist to inform the latter of the prescription; 20 and 21 (b) transmit the written prescription personally, by mail, or by 22 permissible electronic communication to the pharmacist, who shall 23 dispense the medication directly to either the patient, the attending 24 physician, or an expressly identified agent of the patient. 25 Medication dispensed pursuant to this subsection shall not be 26 dispensed to the patient by mail or other form of courier. 27 28 7. (New section) A patient shall not be considered a qualified 29 terminally ill patient until a consulting physician has: 30 examined that patient and the patient's relevant medical a. 31 records; 32 b. confirmed, in writing, the attending physician's diagnosis 33 that the patient is terminally ill; and 34 c. verified that the patient is capable, is acting voluntarily, and 35 has made an informed decision to request medication that, if prescribed, the patient may choose to self-administer pursuant to 36 37 P.L., c. (C. ) (pending before the Legislature as this bill). 38 39 8. (New section) a. If, in the medical opinion of the attending 40 physician or the consulting physician, a patient requesting 41 medication that the patient may choose to self-administer pursuant 42 to P.L., c. (C. ) (pending before the Legislature as this bill) 43 may not be capable because the patient may have a psychiatric or 44 psychological disorder or depression that causes impaired judgment, 45 the physician shall refer the patient to a licensed psychiatrist or 46 psychologist for counseling to determine whether the patient is capable. A consulting physician who refers a patient to a licensed 47 48 psychiatrist or psychologist for counseling pursuant to this

subsection shall provide written notice of the referral to the
 attending physician.

3 b. If a patient has been referred to a licensed psychiatrist or 4 psychologist for counseling pursuant to subsection a. of this section, 5 the attending physician shall not write a prescription for medication 6 that the patient may choose to self-administer pursuant to P.L., c. 7 (C. ) (pending before the Legislature as this bill) unless the 8 attending physician has been notified in writing by the licensed 9 psychiatrist or psychologist of that individual's determination that 10 the patient is capable.

11

12 9. (New section) A qualified terminally ill patient shall not 13 receive a prescription for medication that the patient may choose to 14 self-administer pursuant to P.L., c. (C. ) (pending before 15 the Legislature as this bill) unless the attending physician has 16 recommended that the patient notify the patient's next of kin of the 17 patient's request for medication, except that a patient who declines 18 or is unable to notify the patient's next of kin shall not have the 19 request for medication denied for that reason.

20

10. (New section) a. 21 In order to receive a prescription for 22 medication that a qualified terminally ill patient may choose to self-23 administer pursuant to P.L. , c. (C. ) (pending before the 24 Legislature as this bill), the patient shall make two oral requests and 25 one written request for the medication to the patient's attending 26 physician, subject to the following requirements:

(1) at least 15 days shall elapse between the initial oral requestand the second oral request;

(2) at the time the patient makes a second oral request, the
attending physician shall offer the patient an opportunity to rescind
the request;

32 (3) the patient may submit the written request to the attending
33 physician when the patient makes the initial oral request or at any
34 time thereafter;

35 (4) the written request shall meet the requirements of section 5
36 of P.L. , c. (C. ) (pending before the Legislature as this
37 bill);

(5) at least 15 days shall elapse between the patient's initial oral
request and the writing of a prescription pursuant to P.L. ,

40 c. (C. ) (pending before the Legislature as this bill) ; and

41 (6) at least 48 hours shall elapse between the attending
42 physician's receipt of the patient's written request and the writing
43 of a prescription pursuant to P.L. , c. (C. ) (pending
44 before the Legislature as this bill).

b. A qualified terminally ill patient may rescind the request at
any time and in any manner without regard to the patient's mental
state.

1 At the time the patient makes an initial oral request for c. 2 medication that the patient may choose to self-administer pursuant 3 to P.L. ) (pending before the Legislature as this , c. (C. 4 bill), the patient's attending physician shall recommend to the 5 patient that the patient participate in a consultation concerning 6 additional treatment opportunities, palliative care, comfort care, 7 hospice care, and pain control options, and provide the patient with 8 a referral to a health care professional qualified to discuss these 9 options with the patient. If the patient chooses to participate in such 10 consultation, the consultation shall include, to the extent the patient 11 consents to share such information, consideration of: the patient's 12 terminal illness; the patient's prognosis; current and past courses of 13 treatment prescribed for the patient in connection with the patient's 14 terminal illness, including the results of any such treatment; and any 15 palliative care, comfort care, hospice care, and pain control 16 treatment the patient is currently receiving or has received in the 17 past. 18 The attending physician shall ensure that the following items d. 19 are included in the patient's medical record: 20 (1) the determination that the patient is a qualified terminally ill 21 patient and the basis for that determination; 22 (2) all oral and written requests by the patient to the attending 23 physician for medication that the patient may choose to self-24 administer pursuant to P.L., c. (C. ) (pending before the 25 Legislature as this bill); 26 (3) the attending physician's diagnosis and prognosis, and 27 determination that the patient is capable, is acting voluntarily, and 28 has made an informed decision; 29 (4) the consulting physician's diagnosis and prognosis, and 30 verification that the patient is capable, is acting voluntarily, and has 31 made an informed decision; (5) if applicable, a report of the determination made by a 32 33 licensed psychiatrist or psychologist as to whether the patient is 34 capable pursuant to section 8 of P.L. , c. (C. ) (pending 35 before the Legislature as this bill); 36 (6) the attending physician's recommendation that the patient 37 participate in a consultation concerning additional treatment 38 opportunities, palliative care, comfort care, hospice care, and pain 39 control options; the referral provided to the patient with a referral to 40 a health care professional qualified to discuss these options with the 41 patient; an indication as to whether the patient participated in the 42 consultation; and an indication as to whether the patient is currently 43 receiving palliative care, comfort care, hospice care, or pain control 44 treatments; 45 (7) the attending physician's offer to the patient to rescind the 46 patient's request at the time of the patient's second oral request; and 47 (8) a note by the attending physician indicating that all 48 requirements under P.L. , c. (C. ) (pending before the

9

1 Legislature as this bill) have been met and indicating the steps taken 2 to carry out the patient's request for medication, including a 3 notation of the medication prescribed. 4 5 11. (New section) A request for medication pursuant to P.L. 6 ) (pending before the Legislature as this bill) shall not c. (C. 7 be granted unless the qualified terminally ill patient has 8 documented that individual's New Jersey residency by furnishing to 9 the attending physician a copy of one of the following: 10 a driver's license or non-driver identification card issued by a. 11 the New Jersey Motor Vehicle Commission; 12 b. proof that the person is registered to vote in New Jersey; 13 a New Jersey resident gross income tax return filed for the c. 14 most recent tax year; or 15 d. any other government record that the attending physician 16 reasonably believes to demonstrate the individual's current 17 residency in this State. 18 19 Any medication dispensed pursuant to 12. (New section) 20 P.L., c. (C. ) (pending before the Legislature as this bill) 21 that a qualified terminally ill patient chooses not to self-administer 22 shall be disposed of by lawful means. 23 24 13. (New section) a. The Director of the Division of Consumer 25 Affairs in the Department of Law and Public Safety shall require 26 that a health care professional report the following information to 27 the division on a form and in a manner prescribed by regulation of the director, in consultation with the Commissioner of Health: 28 29 (1) No later than 30 days after the dispensing of medication 30 pursuant to P.L., c. (C. ) (pending before the Legislature as 31 this bill), the health care professional who dispensed the medication 32 shall file a copy of the dispensing record with the division, and shall otherwise facilitate the collection of such information as the 33 34 director may require regarding compliance with P.L., c. (C. ) 35 (pending before the Legislature as this bill). 36 (2) No later than 30 days after the date of the qualified 37 terminally ill patient's death, the attending physician shall transmit 38 to the division such documentation of the patient's death as the 39 director shall require. 40 (3) In the event that anyone required to report information to the 41 division pursuant to P.L. , c. (C. ) (pending before the 42 Legislature as this bill) provides an inadequate or incomplete report, 43 the division shall contact the person to request a complete report. 44 (4) To the maximum extent practicable and consistent with the 45 purposes of this section, the division shall seek to coordinate the 46 process for reporting information pursuant to this subsection with 47 the process for reporting prescription monitoring information by a

1 pharmacy permit holder pursuant to sections 25 through 30 of 2 P.L.2007, c.244 (C.45:1-45 through C.45:1-50). 3 b. Any information collected pursuant to subsection a. of this 4 section that contains material or data that could be used to identify 5 an individual patient or health care professional shall not be 6 included under materials available to public inspection pursuant to 7 P.L.1963, c.73 (C.47:1A-1 et seq.) and P.L.2001, c.404 (C.47:1A-5 8 et al.). 9 The division shall prepare and make available to the public c. 10 on its Internet website an annual statistical report of information collected pursuant to subsection a. of this section. 11 12 13 14. (New section) a. A provision in a contract, will, insurance 14 policy, annuity, or other agreement, whether written or oral, made on or after the effective date of P.L., c. 15 (C. ) (pending 16 before the Legislature as this bill), shall not be valid to the extent 17 that the provision would condition or restrict a person's decision to 18 make or rescind a request for medication pursuant to P.L. 19 ) (pending before the Legislature as this bill). c. (C. 20 b. An obligation owing under a contract, will, insurance policy, 21 annuity, or other agreement, made before the effective date of ) (pending before the Legislature as this bill), 22 P.L., c. (C. 23 shall not be affected by: the provisions of P.L., c. (C. ) 24 (pending before the Legislature as this bill); a person's making or 25 rescinding a request for medication pursuant to P.L., c. (C. ) 26 (pending before the Legislature as this bill); or any other action 27 taken pursuant to P.L. , c. ) (pending before the (C. 28 Legislature as this bill). 29 c. On or after the effective date of P.L. , c. (C. ) 30 (pending before the Legislature as this bill), procurement or 31 issuance of a life, health, or accident insurance policy or annuity, or 32 the premium or rate charged for the policy or annuity, shall not be 33 conditioned upon or otherwise take into account the making or 34 rescinding of a request for medication pursuant to P.L. 35 ) (pending before the Legislature as this bill) by any c. (C. 36 person. 37 38 15. (New section) Nothing in P.L., c. (C. ) (pending 39 before the Legislature as this bill) shall be construed to: 40 a. authorize a physician or any other person to end a patient's 41 life by lethal injection, active euthanasia, or mercy killing, or any 42 act that constitutes assisted suicide under any law of this State; or 43 lower the applicable standard of care to be provided by a b. 44 health care professional who participates in P.L. , C. (C. ) 45 (pending before the Legislature as this bill). 46 47 16. (New section) A person shall not be authorized to take any 48 action on behalf of a patient for the purposes of P.L., c. (C. )

11

(pending before the Legislature as this bill) by virtue of that
person's designation as a guardian pursuant to N.J.S.3B:12-1 et
seq., a conservator pursuant to N.J.S.3B:13A-1 et seq., a health care
representative pursuant to P.L.1991, c.201 (C.26:2H-53 et seq.), or
a patient's representative pursuant to P.L.2011, c.145 (C.26:2H-129
et al.), except for communicating the patient's health care decisions
to a health care provider if the patient so requests.

8

9 17. (New section) a. (1) Except as provided in sections 18 and 10 ) (pending before the Legislature as this 19 of P.L., c. (C. bill), a person shall not be subject to civil or criminal liability or 11 12 professional disciplinary action for any action taken in compliance 13 with the provisions of P.L. , C. (C. ) (pending before the 14 Legislature as this bill), including being present when a qualified 15 terminally ill patient self-administers medication prescribed 16 pursuant to P.L., c. (C. ) (pending before the Legislature as 17 this bill). A person who substantially complies in good faith with 18 the provisions of P.L. , c. (C. ) (pending before the 19 Legislature as this bill) shall be deemed to be in compliance with its 20 provisions.

(2) Any action taken in accordance with the provisions of
P.L., c. (C. ) (pending before the Legislature as this bill)
shall not constitute patient abuse or neglect, suicide, assisted
suicide, mercy killing, or homicide under any law of this State.

(3) A patient's request for, or the provision of, medication in
compliance with the provisions of P.L., c. (C.) (pending
before the Legislature as this bill) shall not provide the sole basis
for the appointment of a guardian or conservator.

29 b. Any action taken by a health care professional to participate 30 ) (pending before the Legislature as this bill) in P.L., c. (C. 31 shall be voluntary on the part of that individual. If a health care professional is unable or unwilling to carry out a patient's request 32 33 under P.L. . c. (C. ) (pending before the Legislature as this 34 bill), and the patient transfers the patient's care to a new health care 35 professional or health care facility, the prior health care 36 professional shall transfer, upon request, a copy of the patient's 37 relevant records to the new health care professional or health care 38 facility.

39

18. (New section) a. A person who, without authorization of the
patient, and with the intent or effect of causing the patient's death,
willfully alters or forges a request for medication pursuant to
P.L., c. (C.) (pending before the Legislature as this bill) or
conceals or destroys a rescission of that request, is guilty of a crime
of the second degree.

46 b. A person who coerces or exerts undue influence on a patient 47 to request medication pursuant to P.L. , c. (C. ) (pending

12

1 before the Legislature as this bill) or to destroy a rescission of a 2 request is guilty of a crime of the third degree. 3 c. Theft of medication prescribed to a qualified terminally ill 4 patient pursuant to P.L. , C. (C. ) (pending before the 5 Legislature as this bill) shall constitute an offense involving theft of a controlled dangerous substance as set forth in N.J.S.2C:20-2. 6 7 d. Nothing in P.L. , c. (C. ) (pending before the 8 Legislature as this bill) shall limit liability for civil damages 9 resulting from the negligence or intentional misconduct of any 10 person. 11 e. The penalties set forth in this section shall not preclude the imposition of any other criminal penalty applicable under law for 12 conduct that is inconsistent with the provisions of P.L. 13 14 ) (pending before the Legislature as this bill). c. (C. 15 16 19. (New section) Any governmental entity that incurs costs resulting from a qualified terminally ill patient choosing to self-17 18 administer medication prescribed pursuant to P.L., c. (C. ) 19 (pending before the Legislature as this bill) in a public place has a 20 claim against the estate of the patient to recover those costs and 21 reasonable attorneys' fees related to enforcing the claim. 22 23 20. (New section) A written request for a medication as 24 authorized by P.L., c. (C. ) (pending before the Legislature 25 as this bill) shall be in substantially the following form: 26 27 REQUEST FOR MEDICATION TO END MY LIFE IN A HUMANE AND DIGNIFIED MANNER 28 29 30 I, ...., am an adult of sound mind and a resident 31 of New Jersey. 32 I am suffering from ....., which my attending 33 physician has determined is a terminal illness, disease, or condition 34 and which has been medically confirmed by a consulting physician. 35 I have been fully informed of my diagnosis, prognosis, the nature 36 of medication to be prescribed and potential associated risks, the 37 expected result, and the feasible alternatives, including palliative care, comfort care, hospice care, and pain control. 38 39 I request that my attending physician prescribe medication that I 40 may self-administer to end my life in a humane and dignified 41 manner and to contact any pharmacist as necessary to fill the 42 prescription. 43 44 INITIAL ONE: 45 46 ..... I have informed my family of my decision and taken their opinions into consideration. 47 48 ..... I have decided not to inform my family of my decision.

1 .... I have no family to inform of my decision. 2 3 INITIAL ALL THAT APPLY: 4 5 . . . . . My attending physician has recommended that I participate in a consultation concerning additional treatment 6 7 opportunities, palliative care, comfort care, hospice care, and pain 8 control options, and provided me with a referral to a health care 9 professional qualified to discuss these options with me. 10 ..... I have participated in a consultation concerning additional 11 treatment opportunities, palliative care, comfort care, hospice care, 12 and pain control options. . . . . I am currently receiving palliative care, comfort care, or 13 14 hospice care. 15 16 I understand that I have the right to rescind this request at any 17 time. 18 I understand the full import of this request, and I expect to die if 19 and when I take the medication to be prescribed. I further 20 understand that, although most deaths occur within three hours, my death may take longer and my physician has counseled me about 21 22 this possibility. 23 I make this request voluntarily and without reservation, and I 24 accept full responsibility for my decision. 25 26 Signed: 27 Dated:.... 28 29 30 DECLARATION OF WITNESSES 31 32 By initialing and signing below on or after the date the person 33 named above signs, we declare that the person making and signing 34 the above request: 35 Witness 1 Witness 2 36 37 Initials Initials 38 . . . . . . . . . . . . . . . . . . 39 1. Is personally known to us or has provided proof of identity. 40 . . . . . . . . . . . . . . . . . . 2. Signed this request in our presence on the date of the person's 41 42 signature. 43 . . . . . . . . . . . . . . . . . . 44 3. Appears to be of sound mind and not under duress, fraud, or 45 undue influence. 46 . . . . . . . . . . . . . . . . . . . 4. Is not a patient for whom either of us is the attending physician. 47 48 

1 Printed Name of Witness 1: ..... 2 Signature of Witness 1/Date: ..... 3 4 Printed Name of Witness 2: . . . . . . . . . 5 Signature of Witness 2/Date: ..... 6 7 NOTE: At least one witness shall not be a relative by blood, 8 marriage, or adoption of the person signing this request, shall not be 9 entitled to any portion of the person's estate upon death, and shall 10 not own, operate, or be employed at a health care facility where the 11 person is a patient or resident. If the patient is a resident of a long-12 term care facility, one of the witnesses shall be an individual 13 designated by the facility. 14 15 21. (New section) The Director of the Division of Consumer 16 Affairs in the Department of Law and Public Safety, pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 17 18 seq.), shall adopt such rules and regulations as are necessary to 19 implement the provisions of sections 1 through 20 of P.L. 20 c. (C. ) (pending before the Legislature as this bill), including the required reporting of information to the division by health care 21 22 professionals pursuant to section 13 of P.L. , C. (C. ) 23 (pending before the Legislature as this bill). 24 25 22. (New section) The State Board of Medical Examiners, 26 pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.), shall adopt such rules and regulations as are 27 necessary to implement the provisions of sections 1 through 20 of 28 29 ) (pending before the Legislature as this bill) P.L. , C. (C. 30 concerning the duties of a licensed physician pursuant thereto. 31 32 23. (New section) The New Jersey State Board of Pharmacy, pursuant to the "Administrative Procedure Act," P.L.1968, c.410 33 34 (C.52:14B-1 et seq.), shall adopt such rules and regulations as are 35 necessary to implement the provisions of sections 1 through 20 of 36 ) (pending before the Legislature as this bill) P.L., c. (C. 37 concerning the duties of a licensed pharmacist pursuant thereto. 38 39 24. (New section) The State Board of Psychological Examiners, 40 pursuant to the "Administrative Procedure Act," P.L.1968, c.410 41 (C.52:14B-1 et seq.), shall adopt such rules and regulations as are 42 necessary to implement the provisions of sections 1 through 20 of 43 ) (pending before the Legislature as this bill) P.L. , c. (C. 44 concerning the duties of a licensed psychologist pursuant thereto. 45 46 25. (New section) a. As used in this section: 47 "Health care facility" or "facility" means a health care facility 48 licensed pursuant to P.L.1971, c.,136 (C.26:2H-1 et seq.).

"Health care professional" means a person licensed to practice a

15

1

2 health care profession pursuant to Title 45 of the Revised Statutes. 3 The existing policies and procedures utilized by a b (1)4 health care facility shall, to the maximum extent possible, govern 5 the taking of any action by a health care professional pursuant to ) (pending before the 6 sections 1 through 20 of P.L., c. (C. 7 Legislature as this bill) on the premises owned by, or under the 8 direct control of, the facility, except as otherwise prescribed by 9 regulation of the Commissioner of Health pursuant to paragraph (4) 10 of this subsection. 11 (2) Any action taken by a health care facility to participate in 12 P.L. , c. ) (pending before the Legislature as this bill) (C. 13 shall be voluntary on the part of the facility. 14 (3) A health care facility shall not be subject to a licensure 15 enforcement action by the Department of Health for any action 16 taken in compliance with the provisions of P.L. , C. (C. ) 17 (pending before the Legislature as this bill). 18 Commissioner (4) The of Health, pursuant to the 19 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 20 seq.), shall adopt such rules and regulations as are necessary to 21 implement the provisions of sections 1 through 20 of P.L. , c. 22 (C. ) (pending before the Legislature as this bill), concerning 23 their application to a health care facility and any action taken by a 24 health care professional on the premises owned by, or under the 25 direct control of, the facility. 26 (5) The provisions of this subsection shall not preclude a health 27 care facility or health care professional from providing to a patient any health care services to which the provisions of sections 1 28 29 ) (pending before the Legislature through 20 of P.L., c. (C. 30 as this bill) do not apply. 31 32 26. Section 1 of P.L.1991, c.270 (C.2A:62A-16) is amended to 33 read as follows: 34 1. a. Any person who is licensed in the State of New Jersey to 35 practice psychology, psychiatry, medicine, nursing, clinical social 36 work, or marriage counseling, whether or not compensation is 37 received or expected, is immune from any civil liability for a 38 patient's violent act against another person or against himself unless 39 the practitioner has incurred a duty to warn and protect the potential 40 victim as set forth in subsection b. of this section and fails to 41 discharge that duty as set forth in subsection c. of this section. 42 b. A duty to warn and protect is incurred when the following 43 conditions exist: 44 (1) The patient has communicated to that practitioner a threat of 45 imminent, serious physical violence against a readily identifiable 46 individual or against himself and the circumstances are such that a 47 reasonable professional in the practitioner's area of expertise would 48 believe the patient intended to carry out the threat; or

(2) The circumstances are such that a reasonable professional in

2 the practitioner's area of expertise would believe the patient 3 intended to carry out an act of imminent, serious physical violence 4 against a readily identifiable individual or against himself. 5 A duty to warn and protect shall not be incurred when a qualified 6 terminally ill patient requests medication that the patient may 7 choose to self-administer in accordance with the provisions of 8 P.L., c. (C. ) (pending before the Legislature as this bill). 9 c. A licensed practitioner of psychology, psychiatry, medicine, 10 nursing, clinical social work, or marriage counseling shall discharge 11 the duty to warn and protect as set forth in subsection b. of this 12 section by doing [any] one or more of the following: 13 (1) Arranging for the patient to be admitted voluntarily to a 14 psychiatric unit of a general hospital, a short-term care facility, a special psychiatric hospital, or a psychiatric facility, under the 15 16 provisions of P.L.1987, c.116 (C.30:4-27.1 et seq.); 17 (2) Initiating procedures for involuntary commitment to 18 treatment of the patient to an outpatient treatment provider, a short-19 term care facility, a special psychiatric hospital, or a psychiatric 20 facility, under the provisions of P.L.1987, c.116 (C.30:4-27.1 et 21 seq.); 22 (3) Advising a local law enforcement authority of the patient's 23 threat and the identity of the intended victim; 24 (4) Warning the intended victim of the threat, or, in the case of 25 an intended victim who is under the age of 18, warning the parent 26 or guardian of the intended victim; or 27 (5) If the patient is under the age of 18 and threatens to commit 28 suicide or bodily injury upon himself, warning the parent or 29 guardian of the patient. 30 d. A practitioner who is licensed in the State of New Jersey to 31 practice psychology, psychiatry, medicine, nursing, clinical social 32 work, or marriage counseling who, in complying with subsection c. 33 of this section, discloses a privileged communication, is immune 34 from civil liability in regard to that disclosure. 35 (cf: P.L.2009, c.112, s.21) 36 37 27. N.J.S.2C:11-6 is amended to read as follows: 38 2C:11-6. Aiding Suicide. A person who purposely aids another

2C:11-6. Aiding Suicide. A person who purposely aids another
to commit suicide is guilty of a crime of the second degree if his
conduct causes such suicide or an attempted suicide, and otherwise
of a crime of the fourth degree. <u>Any action taken in accordance</u>
with the provisions of P.L., c. (C.) (pending before the
Legislature as this bill) shall not constitute suicide or assisted
<u>suicide.</u>

45 (cf: P.L.1978, c.95, s.2C:11-6)

46

1

47 28. This act shall take effect on the first day of the fourth month48 next following the date of enactment, but the Director of the

Division of Consumer Affairs in the Department of Law and Public
Safety, the Commissioner of Health, the State Board of Medical
Examiners, the New Jersey State Board of Pharmacy, and the State
Board of Psychological Examiners may take such anticipatory
administrative action in advance thereof as shall be necessary for
the implementation of this act.

- 7
- 8 9

10

STATEMENT

11 This bill establishes the "Aid in Dying for the Terminally III 12 Act," which will allow an adult New Jersey resident, who has the 13 capacity to make health care decisions and who has been 14 determined by that individual's attending and consulting physicians 15 to be terminally ill, to obtain medication that the patient may self-16 administer to terminate the patient's life. Under the bill, 17 "terminally ill" is defined to mean the patient is in the terminal 18 stage of an irreversibly fatal illness, disease, or condition with a 19 prognosis, based upon reasonable medical certainty, of a life 20 expectancy of six months or less.

21 In order for a terminally ill patient to receive a prescription for 22 medication under the bill, the patient is required to make two oral 23 requests and one written request to the patient's attending physician 24 for the medication. The bill requires at least 15 days to elapse 25 between the initial oral request and the second oral request, and 26 between the patient's initial oral request and the writing of a 27 prescription for the medication. The patient may submit the written 28 request for medication either when the patient makes the initial oral 29 request, or at any time thereafter, but a minimum of 48 hours are to 30 elapse between the attending physician's receipt of the written 31 request and the writing of a prescription for medication.

32 When a patient makes an initial oral request for medication under 33 the bill's provisions, the attending physician is required to provide 34 the patient with information about the risks, probable results, and 35 alternatives to taking the medication; recommend that the patient 36 participate in a consultation concerning additional treatment 37 opportunities, palliative care, comfort care, hospice care, and pain 38 control options; and refer the patient to a health care professional 39 who is qualified to discuss those alternative care and treatment 40 options. The patient may choose, but is not required, to participate 41 in such consultation. The attending physician is also required to 42 recommend that the patient notify the patient's next of kin of the 43 request, but medication may not be denied if a patient declines, or is 44 unable to, provide this notification.

The attending physician is required to refer the patient to a consulting physician for the purpose of obtaining confirmation of the attending physician's diagnosis. Both the attending physician and the consulting physician are required to verify that the patient 1 has made an informed decision when requesting medication under 2 When the patient makes the second oral request, the the bill. 3 attending physician is to offer the patient an opportunity to rescind 4 the request. In addition, the attending physician is required to 5 notify the patient that a request may be rescinded at any time and in 6 any manner, regardless of the patient's mental state.

7 A patient may make a written request for medication, in 8 accordance with the bill's provisions, so long as the patient: is an 9 adult resident of New Jersey, as demonstrated through 10 documentation submitted to the attending physician; is capable; is 11 terminally ill, as determined by the attending physician and 12 confirmed by the consulting physician; and has voluntarily 13 expressed a wish to receive a prescription for the medication.

14 The bill requires a valid written request for medication to be in a 15 form that is substantially similar to the form set forth in the bill. The bill requires the written request to be signed and dated by the 17 patient and witnessed by at least two individuals who attest, in the 18 patient's presence, that, to the best of their knowledge and belief, 19 the patient is capable and is acting voluntarily.

20 The bill requires at least one of the witnesses to be a person who 21 is not:

22 (1) a relative of the qualified patient by blood, marriage, or 23 adoption;

24 (2) at the time the request is signed, entitled to any portion of 25 the patient's estate upon the patient's death; or

26 (3) an owner, operator, or employee of a health care facility 27 where the patient is receiving medical treatment or is a resident.

28 The bill additionally requires that, if the patient is a resident of a 29 long-term care facility, one of the witnesses is to be an individual 30 designated by the facility. The patient's attending physician may 31 not serve as a witness.

32 A written request form will be required to include an indication 33 as to whether the patient has informed the patient's next-of-kin 34 about the request for medication and an indication as to whether 35 additional treatment consultations have been recommended by the 36 attending physician or undertaken by the patient.

37 If the patient complies with the bill's oral and written request requirements, establishes State residency, and is found by both the 38 39 attending physician and a consulting physician to be capable, to 40 have a terminal illness, and to be acting voluntarily, the patient will 41 be considered to be a "qualified terminally ill patient" who is 42 eligible to receive a prescription for medication. The bill expressly 43 provides that a person is not be considered to be a "qualified 44 terminally ill patient" solely on the basis of the person's age or 45 disability or the diagnosis of a specific illness, disease, or condition. 46 If either the attending physician or the consulting physician 47 believes that the patient may have a psychiatric or psychological 48 disorder or depression, which causes impaired judgment, and which

16

19

1 makes the patient incapable of making a request for medication, the 2 physician will be required to refer the patient to a licensed 3 psychiatrist or psychologist for counseling to determine whether the 4 patient is capable. If such a referral is made, the attending 5 physician is prohibited from issuing a prescription to the patient for 6 medication under the bill unless the attending physician has 7 received written notice, from the licensed psychiatrist or 8 psychologist, affirming that the patient is capable.

9 Prior to issuing a prescription for requested medication, the 10 attending physician is required to ensure that all appropriate steps 11 have been carried out, and requisite documentation submitted, in 12 accordance with the bill's provisions. The patient's medical record 13 is to include documentation of: the patient's oral and written 14 requests and the attending physician's offer to rescind the request; 15 the attending physician's recommendation for alternative care and 16 treatment consultations, and whether the patient participated in a 17 consultation; the attending physician's and consulting physician's 18 medical diagnosis and prognosis, and their determinations that the 19 patient is terminally ill, is capable of making the request, is acting 20 voluntarily, and is making an informed decision; the results of any 21 counseling sessions ordered for the patient; and a statement that all 22 the requirements under the bill have been satisfied.

23 A patient's request for, or the provision of, medication in 24 compliance with the bill may not be used as the sole basis for the 25 appointment of a guardian or conservator. The bill specifies that a 26 patient's guardian, conservator, or representative is not authorized 27 to take any action on behalf of the patient in association with the 28 making or rescinding of requests for medication under the bill's 29 provisions, except to communicate the patient's own health care 30 decisions to a health care provider upon the patient's request. The 31 bill prohibits any contract, will, insurance policy, annuity, or other 32 agreement from including a provision that conditions or restricts a 33 person's ability to make or rescind a request for medication 34 pursuant to the bill, and further specifies that the procurement or 35 issuance of, or premiums or rates charged for, life, health, or 36 accident insurance policies or annuities may not be conditioned 37 upon the making or rescinding of a request for medication under the 38 bill's provisions. An obligation owing under a contract, will, 39 insurance policy, annuity, or other agreement executed before the 40 bill's effective date will not be affected by a patient's request, or 41 rescission of a request, for medication under the bill.

Any person who, without the patient's authorization, willfully alters or forges a request for medication pursuant to the bill, or conceals or destroys a rescission of that request, with the intent or effect of causing the patient's death, will be guilty of a crime of the second degree, which is punishable by imprisonment for a term of five to 10 years, a fine of up to \$150,000, or both. A person who coerces or exerts undue influence on a patient to request medication 20

under the bill, or to destroy a rescission of a request, will be guilty
of a crime of the third degree, which is punishable by imprisonment
for a term of three to five years, a fine of up to \$15,000, or both.
The bill does not impose any limit on liability for civil damages in
association with the negligence or intentional misconduct of any
person.

7 The bill provides immunity from civil and criminal liability, and 8 from professional disciplinary action, for any action that is 9 undertaken in compliance with the bill, including the act of being 10 present when a qualified terminally ill patient takes the medication prescribed to the patient under the bill's provisions. Any action 11 12 undertaken in accordance with the bill will not be deemed to 13 constitute patient abuse or neglect, suicide, assisted suicide, mercy 14 killing, or homicide under any State law, and the bill expressly 15 exempts actions taken pursuant to the bill from the provisions of 16 N.J.S.2C:11-6, which makes it a crime to purposely aid a person in 17 committing suicide. Nothing in the bill is to be construed to 18 authorize a physician or other person to end a patient's life by lethal 19 injection, active euthanasia, or mercy killing.

The bill amends section 1 of P.L.1991, c.270 (C.2A:62A-16), which establishes a "duty to warn" when a health care professional believes that a patient intends to carry out physical violence against the patient's own self or against another person, in order to specify that that "duty to warn" provisions are not applicable when a qualified terminally ill patient requests medication under the bill.

The bill requires a patient's attending physician to notify the patient of the importance of taking the prescribed medication in the presence of another person and in a non-public place. The bill specifies that, if any governmental entity incurs costs as a result of a patient's self-administration of medication in a public place, the governmental entity will have a claim against the patient's estate to recover those costs, along with reasonable attorney fees.

33 The bill authorizes attending physicians, if registered with the 34 federal Drug Enforcement Administration, to dispense requested 35 medication, including ancillary medication designed to minimize 36 discomfort, directly to the patient. Otherwise, with the patient's 37 written consent, the attending physician may transmit the 38 prescription to a pharmacist, who will be required to dispense the 39 medication directly to the patient, to the attending physician, or to 40 an expressly identified agent of the patient. Medication prescribed 41 under the bill may not be dispensed by mail or other form of 42 courier. Not later than 30 days after the dispensation of medication 43 under the bill, the health care professional who dispensed the 44 medication will be required to file a copy of the dispensing record 45 with the Division of Consumer Affairs (DCA) in the Department of 46 Law and Public Safety.

47 Any medication prescribed under the bill, which the patient 48 chooses not to self-administer, is required to be disposed of by

21

1 lawful means. Not later than 30 days after the patient's death, the attending physician will be required to transmit documentation of 2 3 the patient's death to the DCA. The DCA is required, to the extent 4 practicable, to coordinate the reporting of dispensing records and 5 records of patient death with the process used for the reporting of 6 prescription monitoring information. The DCA will be required to 7 annually prepare and make available on its Internet website a 8 statistical report of information collected pursuant to the bill's 9 provisions; information made available to the public will not 10 include personal or identifying information.

11 A health care facility's existing policies and procedures will be required, to the maximum extent possible, to govern actions taken 12 13 by health care providers pursuant to the bill. Any action taken by a 14 health care professional or facility to carry out the provisions of the 15 bill is to be voluntary. If a health care professional is unable or 16 unwilling to participate in a request for medication under the bill, the professional will be required to refer the patient to another 17 18 health care provider and provide the patient's medical records to 19 that provider.